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IT TAKES A **WHOLE VILLAGE** TO RAISE A CHILD

COMING TOGETHER IN CRISIS



In October, the federal government shutdown disrupted the SNAP benefits our families rely on, intensifying the food insecurity many were already experiencing. While several food pantries operate across Lower Grafton County, limited transportation and restrictive hours often make them difficult for families to access.

In response, our local community came together to bridge the gap. Private donors and employees at Speare Hospital donated food as well as gas and grocery cards to support families until benefits were reinstated. Service Credit Union selected Whole Village as a community partner, enabling us to establish a small food pantry within our office. With these resources, our Community Health Workers were able to deliver food bags directly to families enrolled in our programs, ensuring no one was left without support during this challenging period.



WHAT'S UPCOMING THIS QUARTER?

Weekly events:

Tuesdays at 9:30 am:

RAISE Playgroup Whole Village for families, birth through age 5

Thursdays at 9:00 am:

New Parent Playgroup at Whole Village for families with children birth through age 2

Family Fun Night: March 6, 5:30 PM

Healthy Coparenting: March 10-Virtual Zoom only

Nurturing Skills Series (series): Starts March 24, 5:30 PM (Dinner 5:30, class 6:00-8:00; childcare available)

Community Baby Shower: April 2, Speare Hospital, 9:00 AM-1:00 PM

Kinship Game Night: April 2, 5:30 PM

Car Seat Safety Check: April 17, 8:00 AM-1:00 PM (with Plymouth Fire Dept.)

Day of Caring: May 15 Volunteer!

Family Fun Night BBQ (with Fiddlehead Musicians): May 15

ACTIVITIES AT WHOLE VILLAGE

Senior Valentine Project

A special thank you to all of our generous donors for helping us assemble and distribute 126 bags to seniors in the Plymouth, Ashland, Lincoln, and Woodstock areas. This project was made possible through the incredible support of our community, including the AmeriHealth Team, Bank of New Hampshire–Campton, the Belknap Subaru Team, Harbor Care, the Meredith Village Savings Bank Team, the Pemi-Baker Health and Hospice Team, the Plymouth High School Youth Group, and the many individual families and community members who contributed personal donations. Your generosity and community spirit made this effort possible and truly made a meaningful difference in the lives of local seniors.



Plymouth Area Pregnant and New Parent Coalition



This group of dedicated parents and professionals is working with the New Hampshire Perinatal Quality Collaboration to create opportunities to support pregnant and newly born individuals in Lower Grafton County. We have created a New Parent Playgroup to enhance social connections, learn about child development, assist with postpartum and lactation, provide diapers, and answer questions or bring community partners to the group to answer questions. We have resources specific to pregnant and new parents. We are identifying gaps and working to provide strong beginnings to families in our community.

We offer hybrid meetings on the first Monday of the month at 1:00 PM. If you would like to join this work or have your voice heard, please contact: Jennifer.Hunter@graniteuw.org

Central Region Veterans Coalition Activities

We have been busy tabling at events, working with community partners, providing training to address Veteran Suicide, and hosting opportunities to socialize decreasing isolation, while collaborating and supporting our Veteran organizations.



PSU hosted a Skate for the 22 Mental Health Awareness hockey game, and Congresswoman Maggie Goodlander attended.

Tilton Walmart donated a TV, and Plymouth Walmart donated board games for Veteran and First Responders Game nights at Games Ahoy. Free online gaming is available at Games Ahoy grab some friends and head over to play!

Are you a veteran? Join the Central Region Veterans Coalition! Meetings occur both in person and on Zoom on the 4th Thursday of the month. We will be planning for the upcoming year and need Veterans' voices

Coffee hour will be held at 8:30 AM at Market Basket on the second Wednesday of the month. Come and share stories with other Veterans!



Angels and Elves Holiday Assistance



A very special thank you to Kristine Perry and our donors. We can not do this work without you! NH Electric Co-op, Speare Memorial Hospital, WellSense Health Plan, Chic Hair Boutique & Spa, Mid-State Health Center, Camden Bank, Stonewall Cable, Campton PD, Hebron Woman's Club, Bridge House, Sons of American Legion Post 83, Garnet Hill, Granite United Way, and others! The program served 91 children from 42 families in 11 towns this year!

Recent Funding

Thankful for the Greater Lakes Children's Auction, Service Credit Union and our private donors and sponsors for ongoing support to provide funds for our building, services, and programs. We also appreciate Plymouth Hannaford, the Covered Bridge Farm Table Restaurant, The Common Man Inn & Spa, and the Bridge House for providing dinner for fall parent education classes!



Dad and Me Night!

Dad and Me is designed to engage male caregivers and mentors with an opportunity to build their own network of peers, talk about the challenges of parenting, and participate in activities with the children. We hosted dinner and a Glow Dance party. Lots of laughter and fun was had! Thanks to Jamison our PSU intern for helping out.

YOU ARE NOT ALONE!

You can contact Whole Village in a variety of ways and keep up to date with events and opportunities with us online.

 603.536.3720

 wholevillagefrc.org

  Find us on Facebook and Instagram!

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When making a donation on Granite United Way's giving page, please be sure to designate your gift to Whole Village Family Resource Center!

