

Nurturing Skills

6 Weeks Series

The Nurturing Parenting® Programs are recognized by the Substance Abuse and Mental Health Services Administration (SAMHSA), the National Registry for Evidence-based Parenting Programs (NREPP)

- Building self worth
- Strategies to coping with stress
- Feelings and emotions
- Family morals and values
- Criticism vs. confrontation
- Alternatives to discipline



REGISTRATION REQUIRED

- Tuesdays starting March 24, 2026
- 5:30pm dinner, 6:00pm class
- 258 Highland Street
Plymouth NH
- (603) 536-3720
- Kristine.perry@graniteuw.org

Scan to visit us
on the web!



Nurturing Parenting®
Established 1983



WHOLE VILLAGE
FAMILY RESOURCE
C E N T E R



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