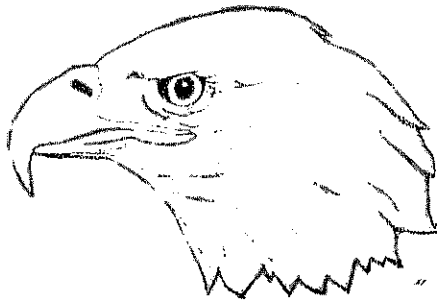


2023 Veteran's Resource Guide

Serving Northern New Hampshire, Vermont and Western Maine

Veteran and Providers Local Guide to Community Resources



Veteran Crisis Line:

1-800-273-8255 and press 1 at the prompt

If Facing Homelessness Call:

1-877-424-3838 or 211

Presented by:

New Hampshire North Country Veterans Committee

NH NORTH COUNTRY VETERANS, INC.

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EASTER SEALS #

Summit Salute - Volunteers for Vets

Vets Cafe

State of Maine

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STATE OF NEW HAMPSHIRE

Primary Contacts

<p>VA Homeless Outreach Worker: Carly Nichols Coverage NH North Country & VT NEK Ph: 802-295-9363 Ext: 6189 Carly.nichols@va.gov</p>	<p>VA Peer Specialist: Don Monahan Coverage NH North Country & VT NEK Cell: 603-266-9868 Donald.Monahan@va.gov</p>
<p>Call 2-1-1 New Hampshire for personal assistance 24 hours a day. If outside New Hampshire call: Ph: 866-444-4211 www.211nh.org</p>	<p>Tri-County Community Action Program Homeless Outreach-Coos County Ph: 603-788-2683</p>
<p>Tri-County Community Action Program: Homeless Outreach-Northern Grafton County Ph: 603-444-0184 www.tccap.org</p>	<p>Tri-County Community Action Program Homeless Outreach-Carroll County Ph: 603-323-7400</p>

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA provides education, information, guidance and advocacy pertaining to Federal and State benefits, entitlements and local resources. Individual Transition Plans can be developed to encompass Health and Life Ins., Veterans Benefits, Education/Training, Financial Assistance, Disabled Veteran Benefits, Employment Assistance, Career Change and Relocation. Ph: 603-225-1309

New Hampshire Coos County Service Link Resources Center: One stop Disability and Aging Resource Center for Seniors, Veterans and Adults with disabilities providing a full scope of supported referrals. Ph: 866-634-9412 or 603-752-6407. www.nh.gov/servicelink

Granite State Independent living: (NH) 603-228-9680 (V/TTY) (GSIL) is a statewide, non-profit organization whose mission is to promote life with independence for people with disabilities and those experiencing the natural process of aging through advocacy, information, education, employment services, certified benefit counseling, and support www.gsil.org

Community Based Outreach Clinics (CBOC)

<p>Once in VA healthcare system Veterans may choose where they would like to be seen for primary care. They are then able to receive their care at the hospital or any of the centers listed:</p> <p>Conway CBOC (Manchester VAMC) 71 Hobbs St Conway NH 03818 Ph: 800-892-8384 Fax: 603-314-1656 Hours 07:30am-4:30pm</p>	<p>Tilton CBOC (Manchester VAMC) 630 West Main Street, Suite 400 Tilton, NH 03276 Ph: 603-624-4366 X 3199 Fax: 603-314-1653</p> <p>Keene CBOC (White River Junction, VT) 640 Marlboro St, Rte. 101 Keene, NH 03431 Ph: 603-358-4900 Fax: 603-358-4977</p> <p>Littleton CBOC (White River Junction, VT) 264 Cottage Street Littleton, NH 03561 Ph: 603-575-6700 Fax: 603-575-6778 Hours: 8am - 4:30pm, Mon-Fri</p>
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Supportive Services for Veteran Families (SSVF)

(SSVF): Assists homeless and at-risk Veterans with aim to improve housing stability. There are two different SSVF providers and Veterans are encouraged to select and work with one. NH SSVF providers include:

Assists homeless and at-risk Veterans with housing stability

Veterans Inc. Ph: 603-247-5283 or 401-2537	Harbor Homes: Ph: 603-882-3616
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Emergency Sheltering Programs

The Friends Program 202 North State Street Concord, NH 03301 603-228-1193	Bancroft House 104 Harvard St. Franconia, NH 03580 603-823-8842	Carey House 177 Union Avenue Laconia, NH 03246 603-528-8086	Tyler Blain House 56 Prospect St. Lancaster, NH 03584 603-788-2344 www.tccap.org
New Horizons for NH 434 Union Street Manchester NH 03103 603-668-8698	The Way Home 214 Spruce Street Manchester, NH 03103 603-627-3491	Maple Arms Shelter 14-1 Maple St Nashua, NH 03246 603-882-5451 www.harborhomes.org	The Bridge House, Inc. 260 Highland St. Plymouth NH 03264 603-536-7631 http://tbhshelter.org

Manchester VA GPD Transitional Housing Programs

BAE Systems Independence Hall Harbor Homes, Inc. 335 Somerville Street Manchester, NH 03103 603-882-3616 ext. 1244	Buckingham Place Harbor Homes, Inc. 45 Spring St. Nashua, NH 03060 603-882-3616 ext. 1244 www.harborhomes.org/veterans-first	Dalianis House Harbor Homes, Inc. 59 Factory St. Nashua, NH 03060 603-882-3616 ext. 1244 www.harborhomes.org/veterans
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Other Transitional Housing: Homeless Veterans who want to be considered for admission to the Dodge House must be interested in gaining employment and be employable. Homeless Veterans who wish to be considered for admission to the Harbor Homes' single-room occupancy residence must be over the age of 62 or disabled.

Area Housing Authorities/Property Management Companies

New Hampshire Housing Finance Authority 32 Constitution Drive Bedford, NH 03110 800-640-7239 or 800-439-7247 or 603-472-8623 Service/Intake 603-472-2089 TDD http://www.nhhfa.org rentinfo@nhhfa.org	Berlin Housing Authority 10 Serenity Circle Berlin, NH 03570 603-752-4240
Lancaster Housing Authority (Applications- Town Hall) c/o Berlin Housing Authority	Northumberland Housing Authority (Applications-Town Hall) c/o Berlin Housing Authority

10 Serenity Circle Berlin NH 03570 603-752-4240	10 Serenity Circle Berlin NH 03570 603-752-4240
Realty Resources Management The Woods Apartments 1228 Route 175 Campton, NH 03223 603-726-4677 or 800-338-8538 or 877-550-4777 <i>www.realtyresourcesmanagement.com</i>	SK Management 16 Charlevoix Place Laconia, NH 03246 603-878-2400 Fax: 603-878-4740
Affordable Housing Education Development (AHEAD) 161 Main Street Littleton, NH 03561 603-444-1377 www.homesahead.org	Northern Community Management: Beattie House 262 Cottage Street Littleton, NH 03561 800-639-3403
Pelletier Property Management 120 Cottage St. Suite #2 Littleton, NH 03561 603-444-6999 pellproperties@hotmail.com	Stewart Property Management 41 Cottage Street Littleton, NH 03561 603-444-5244 www.stewartproperty.net
Hodges Companies: Prince Haven Apartments 20 Prince Haven Rd Plymouth, NH 03264 603-224-9221 http://www.hodgescompanies.com	Plymouth Woods (Plymouth area) Hanaway Management 603-536-4402 <i>www.hanawaymanagement.com</i>
Southern NH Services: (Plymouth area) Fairgrounds Road 603-744-3627 <i>www.snhhs.org</i>	McIntyre School Apartments 16 Highland Street Whitefield, NH 03598 (800) 495-7731 Toll Free http://www.crotchedmountain.org mcintyre@crotchedmountain.org
The Caleb Foundation, Inc.: Highland House Apartments 30 Highland Street Whitefield, NH 03598 603-837-2626	

VA Homeless Outreach Program

National VA Homeless Veteran Call Center 877-424-3838	If you are a Veteran who is homeless or at risk of becoming homeless.	Carly Nichols Littleton CBOC Littleton, NH Office: 802-295-9363 Ext: 6189 <i>Healthcare outreach</i>	Covers the Northeast Kingdom of Vermont Orleans, Caledonia, Essex and Upper Grafton Counties.
Homeless Services Manchester NH VA Homeless Coordinator 603-624-4366 x3622	Manchester NH VA Jurisdiction (including Carroll, Belknap, Merrimack, Strafford, Rockingham and Hillsborough Counties)	Meghan Snitkin VA Medical Center White River Junction, 802-295-9363 x 6939	Supervisor of Homeless Services

Rachel Cooper Brattleboro CBOC Brattleboro, VT 802-251-2228 X 2228 Cell: 802-356-2604	Covers in southeastern Vermont and western NH.	Steve Bobrowski Littleton CBOC Cell: 802-952-9054	Provides peer support services at the Boulder Point Apartments in Plymouth NH
Rob Norris Littleton CBOC Cell: 802-359-2072	Provides case management services at the Boulder Point Apartments in Plymouth NH	Don Monahan Littleton CBOC Littleton, NH Cell: 603-266-9868	Northeast Kingdom of Vermont and North Country of New Hampshire. Providing Peer Support Services.
Joshua Gerasimof Burlington CBOC PH: 802-657-7089	Peer Support Supervisor		

Client Services

Department of Health and Human Services: DHHS

650 Main Street, Suite 200 73 Berlin, NH 03570 603-752-7800 or 800-972-6111	Hobbs Street Conway, NH 03818 603-447-3841 or 800-552-4628	80 North Littleton RD Littleton, NH 03561 603-444-6786	65 Beacon St West Laconia, NH 03246 603-524-4485
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Receive assistance paying for food, health care and phone service. Apply for Nutrition Programs and Medicaid Programs. Eligible applicants will be required to provide written documentation of their living situation, financial, employment, and disability status, and contact information.

Town Welfare Offices:

New Hampshire law (RSA 165) requires each city & town to have a local welfare program to help eligible residents meet their basic living needs.

Coos County Offices

Berlin 603-752-2120	Carroll 603-846-5754	Clarksville 603-246-7751	Colebrook 603-237-4070	Columbia 603-237-5255
Dalton 603-837-2092	Dummer 603-449-2006	Errol 603-482-3351	Gorham 603-466-3322	Jefferson 603-586-4553
Lancaster 603-788-3391	Milan 603-449-2484	Northumberland 603-636-1450	Pittsburg 603-538-6697	Randolph 603-466-5771
Stark 603-636-2118	Shelburne 603-466-2262	Stewartstown 603-246-3329	W. Stewartstown 603-246-3321	Whitefield 603-837-2551

Grafton County Offices

Alexandria 603-744-3220	Ashland 603-968-4432	Bath 603-747-2454	Benton 603-787-6541	Bethlehem 603-869-3351
Bridgewater 603-744-5055	Bristol 603-744-3354	Campton 603-726-3223	Canaan 603-523-9881	Dorchester 603-786-9476
Easton 603-823-8017	Ellsworth 603-726-7620	Enfield 603-632-5026 x117	Franconia 603-823-7752	Grafton 603-523-7140
Groton 603-744-9190	Hanover 603-640-3200	Haverhill 603-787-6800	Hebron 603-744-2631	Holderness 603-968-3537
Landaff 603-838-6220	Lebanon 603-448-2944	Lincoln 603-745-2757	Lisbon 603-838-6376	Littleton 603-444-3996
Lyman 603-838-5900	Lyme 603-795-4639	Monroe 603-638-2644	Orange 603-523-7054	Orford 603-353-4889
Piermont 603-272-4840	Plymouth 603-536-2242	Rumney 603-786-9511	Sugar Hill 603-823-8468	Thornton 603-726-4232
Warren 603-764-5780	Waterville Valley 603-236-4730	Wentworth 603-764-9955	Woodstock 603-745-8752	

Carroll County Office

Town of Conway Welfare Office-BJ Parker, General Assistance Officer
1634 East Main Street Center Conway NH 03813
Phone: 603-447-3811 Dial 214 Fax: 603-447-1348

Meals & Food Services

Free daily meals are available throughout the region. In addition to meals, there are several community food shelves. Listings of meals are available upon request. 2-1-1 NH are great resources to find local up-to-date information regarding meals and food services. Other sources to find out about food shelves and pantries by location include:

New Hampshire Food Bank

603-669-9725 www.nhfoodbank.org

Food Pantries

Coos County

Harvest Christian Church 219 Willow Street Berlin, NH 03570 603-752-5374	Salvation Army 15 Cole Street Berlin, NH 03570 603-752-1644	St. Vincent De Paul 153 Grafton Street Berlin, NH 03570 603-752-4844	Helping Hands North 96 Main Street Colebrook, NH 03576 603-237-5891
Tri County CAP 4 Pleasant Street Colebrook, NH 03576 603-237-8168	St. Francis Xavier 10 State Street Groveton, NH 03582 603-636-2486	Christ United Methodist Church Main Street Lancaster, NH 03584 603-788-2734 M, W, & F 1-3 pm	St. Matthew Roman Catholic Church 9 Jefferson Road Whitefield, NH 03598 603-837-2558

Upper Grafton County

Bethlehem Town Office 2251 Main Street Bethlehem, NH 03574 603-869-3351	Helping Hands Food Pantry 475 Whitefield Road Bethlehem, NH 03574 603-444-1230	Campton Area Resource 12 Six Flags Road Handyman Bldg. Campton, NH 03223 603-236-6232	Campton Town Office 1307 NH, RTE. 175 Campton, NH 03223 603-726-3223
Church of Christ 44 Church Street Franconia, NH 03580	All Saints Episcopal Church 35 School Street Littleton, NH 03561 603-444-3414	White Mountain Christian Church Food Pantry 70 Redington Street Littleton, NH 03561 603-444-6517	Lincoln Community Center Lincoln NH 603-745-4705
<i>Restoration Church</i> Assembly of God 319 Highland Street Plymouth, NH 03264 603-536-1966 <i>Helping Hands Food Pantry</i>	<i>Community</i> Plymouth Area Closet 5 South Main Street Plymouth, NH 03264 603-536-1101	Plymouth Town Office 260 Highland Street Plymouth, NH 03264 603-536-2242	The Good Shepard Ecumenical Food Pantry Robert Clifford Building 65 South Court Street Woodsville, NH 03785 603-747-3442

Carroll County

Memorial Hospital Community Health 298 White Mountain Highway Conway, NH 03818 603-447-8900	First Christian Church of Freedom 12 Elm Street Freedom, NH 03836 603-539-5453 or 539-2637	Moultonborough United Methodist Church 1018 Whittier Highway Moultonborough, NH 03254	Vaughan Community Service 2503 White Mt. Highway North Conway, NH 03860 603-356-2324
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Upper Grafton continued

Mid State Health Center
 (for current patients)

101 Boulder Point Drive, #1
 Plymouth NH 03264

Agape Ministries 1895 Route 16 West Ossipee, NH 03890 603-539-4456	Wakefield Food Pantry 132 Meadow Street Sanbornville, NH03872 603-522-3094	Community Food Center Andrew's-In-The-Valley 678 Whittier Road St. Tamworth, NH 03886	Life Ministries 264 S. Main Street Wolfeboro, NH 03894 603-569-0202
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603-323-8515

Other Transitional Housing

Homeless Veterans who want to be considered for admission to the Dodge House must be interested in gaining employment and be employable. Homeless Veterans who wish to be considered for admission to the Harbor Homes' single-room occupancy residence must be over the age of 62 or disabled.

The Dodge House 95 Crescent Street Rutland, VT 05701 802-775-6772	Harbor Homes, Inc. 10 Trinity Street Claremont, NH 03743 603-882-3616
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Berlin Vet Center: This center serves northern New Hampshire, the Northeast Kingdom of Vermont, and parts of western Maine. Please call 603-752-2571. Or, come visit this center at 515 Main Street, Suite 2, Gorham, NH 03581.

Peer Support- VET-TO-VET: Gorham, New Hampshire- A volunteer group of Veterans helping other Veterans. Military Veterans from all eras and active duty personnel. 1st and 3rd Tuesday each month, 6:30 p.m. 7:30 p.m. Gorham Family Resource Center, 123 Main Street for Further Information please contacts any of the following:

Dave Canter: 603-723-7273 lambschapel@msn.com	Lon Weston: 603-869-2128 shermaninn@yahoo.com	Robin Lavertu: 603-752-5500 ext. 92316
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* Don - does this info need to be updated?

Way Station

Day Resource Center for Homeless & Housing-Insecure Residents of Mt. Washington Valley.

Get in touch: Phone: 603-452-7113 Email: waystationnh@gmail.com

Mailing Address: PO Box 1888 North Conway NH 03860

Physical Address: 15 Grove Street North Conway NH 03860

Mission Statement: Provide safe, welcoming, non-judgmental space and supportive services for homeless & housing insecure residents of Mt. Washington Valley.

Hours of Operation (When Volunteers are Available to Staff Shifts) Call: 603-452-7113 for support seven days a week. We're currently offering curbside services only on Thursdays 5-6pm, with "go bags" including client's mail, toiletries, laundry cards & detergent, phone cards, emergency food, camping supplies (if available and needed) and more. We also meet with clients weekly, conduct wellness calls, develop relationships with people who seek our help, and support client goals with advocacy and referrals to additional resources.

Community Action Agencies (CAP)

Help with electric service payment assistance, gas service payment assistance, heating fuel assistance.

Ashland 41 School Street Ashland, NH 03217 603-968-3560	Berlin 53 Main Street Berlin, NH 03570 603-752-7001	Colebrook 3 Parsons Street Colebrook, NH 03576 603-237-8168	Groveton 13 Main Street, Apt. 2 Groveton, NH 03582 603-636-5004
Lebanon 57 Mechanic St Suite G-01 Lebanon, NH 03766 603-443-6100	Littleton 262 Cottage Street, Suite 3 Littleton, NH 03561 603-444-6653	Meredith 147 Main St, Meredith, NH 03253 603-279-4096	Woodsville 6 School Street Woodsville, NH 603-747-3013

Department of Employment Security

The State of New Hampshire offers a job match system, job search resources and services through NH Works (www.nhworks.org), and information about job security and state trends at their website <http://www.nh.gov/residents/working.html>. Also see the offices listed under the Division of Family Assistance for the State of New Hampshire where Employment Programs exist as well.

Berlin, NH Employment Security-151 Pleasant St, Berlin. Robin Lavertu, Veterans Employment Services Specialist, is available Mondays and Tuesdays from 8:00 am to 4:30 pm and Thursdays from 8:00 am to 2:00 p.m. to assist Veterans who have barriers to work. To contact Robin Lavertu: 603-752-5500 ext. 92316

Littleton, NH Employment Security- 646 Union Street, 603-444-2971. Hours: Mon through Fri 8 am to 4:30 pm.

Plymouth, NH Employment Security: ~~The Veteran rep is available on the 3rd Wednesday of every month at the~~ Plymouth Whole Village Family Resource Center. For an appointment call: 603-538-9318 or 603-536-3720.
Appointments held at WVFRCC. Must call to schedule appt.

Food Stamps, Fuel Assistance & Other State Support Programs

Division of Client Services- Department of Health and Human Services, State of New Hampshire: DHHS

650 Main Street, Suite 200 73 Berlin, NH 03570 603-752-7800 or 800-972-6111	Hobbs Street Conway, NH 03818 603-447-3841 or 800-552-4628	80 North Littleton RD Littleton, NH 03561 603-444-6786	65 Beacon St West Laconia, NH 03246 603-524-4485
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Receive assistance paying for food, health care and phone service. Apply for Nutrition Programs and Medicaid Programs. Eligible applicants will be required to provide written documentation of their living situation, financial, employment, and disability status, and contact information.

Domestic Violence Programs

<p>Response to Sexual & Domestic Violence Berlin, NH 03570 603-752-5679 866-662-4220 (Hotline)</p>	<p>Tri-County Community Action Program Support Center at Burch House Littleton, NH 03561 800-774-0544 (Hotline) 603-747-2441 Woodsville 603-444-0624</p>	<p>Voices Against Violence PO Box 53 Plymouth, NH 03264 603-536-1659 or 536-5999 877-221-6176 (Hotline)</p>
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Vocational Rehabilitation

If you are disabled and would like to re-enter the job market, you may contact a local office for the State's Department of Vocational Rehabilitation. Meet with a Benefits Counselor and attend an orientation will help you with determining how much money you are allowed to make while collecting Social Security Disability Income and/or Supplemental Security Income benefits as well as the roles, responsibilities of you, the job seeker, and the State Agency. You will most likely meet with a Vocational Rehabilitation Specialist to determine your interests, examine your job history, and review any modifications or accommodations needed on account of your disability.

<p>3 Twelfth St, Unit A Berlin, NH 03570 603-752-2271</p>	<p>103 Roxbury St Keene, NH 03431 603-357-0266</p>	<p>Rivermill Commercial Center 85 Mechanic Street Suite 260A Lebanon, NH 03766 603-448-5793</p>
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650 Main Street

Lebanon office closed

Legal Assistance Resources

<p>Legal Boots on the Ground Clinic PO BOX 243, Rochester, NH 03866 603-716-8488 www.vfnh.org</p>	<p>New Hampshire Legal Assistance Offices in- Claremont 800-562-3994, Berlin 800-698-8969 Portsmouth 800-334-3135 Monday-Friday 8:30am-5pm www.nhla.org</p>
<p>NH Bar Association (Low-Income Tax Payer Project) Barbara Heggie 603-715-3215</p>	<p>NH Pro Bono Low-Income Taxpayer Project 603-715-3215 The Low-Income Taxpayer Project at the NH Pro Bono Referral Program provides legal representation for people facing tax controversies with the IRS https://www.nhbar.org/legal-services-programs/pro-bono</p>
<p>NH Legal Advice & Referral Services (LARC) 800-639-5290 LARC is a phone-based legal aid organization. The advocates there give advice on a wide range of civil legal matters and make referrals to the Pro Bono Referral Program, New Hampshire Legal Assistance, and the Disabilities Rights Center. https://www.nhlegalaid.org/about/legal-adviceandreferral-center</p>	

Veteran Service Organizations (VSO)

Friends of Veterans (FOV) is a 100% volunteer-run, non-profit organization that assists Veterans with improving their self-sufficiency through classes, case management, and financial assistance for those who qualify. Veterans who are looking for assistance with back rent, a security deposit, or overdue utility bills will need to present their DD-214 and documentation regarding their financial circumstances such as eviction notice, outstanding balance on an invoice, and a completed expense and income form. Veterans should contact FOV for an intake meeting. (See contact information below.)

Your local American Legion, Disabled American Veterans, Veterans of Foreign Wars, or other non-VA Veteran organizations may have financial and non-financial assistance available. Local posts should have a Service Officer who will gladly help with many of your questions and advise you where to go for other help. They may be your best first contact

<p>Veterans Count (Easter Seals): 603-315-4354 cfisher@eastersealsnh.org</p>	<p><i>mvsintake@eastersealsnh.org</i></p>
<p>Combat Vets Association NH Vets Helping Vets Jeffrey Doc Brooks Chapter 55, 603-348-1976 (Covering Springfield to Bath) Nathan Smith Chapter 53 603-348-1012 Covering Northern NH</p>	<p>Veterans 2 Veterans Group "Family through Service" Littleton NH 603-966-0201 Veteran2veterangroup@gmail.com <i>^s ^s</i></p>

<p>American Legion: 802-296-5166 (VT) 603-222-5786 (NH)</p>	<p>Disabled American Veterans: 802-296-5167 (VT) 603-222-5788 (NH)</p>
<p>Veterans of Foreign Wars: 802-467-8509 (VT) 603-335-5923 (NH)</p>	<p>Vietnam Veterans of America: 802-775-1745 (VT) 603-566-7749 (NH)</p>
<p>Vermont State Office of VA Montpelier Vermont 802-828-3379</p>	<p>Veteran Advocate & Resource Specialist (NH) Cathy Bentwood RN. Available at the Plymouth NH American Legion Wed 2-4. Veterans or families at risk welcomed Cell: 603-455-1057 or 603-254-9848 <i>603-536-7431</i> bridgehouseinc@gmail.com</p>
<p>New Hampshire Division of Veterans Services Veteran Service Officer, 603-486-8290 Serving North Country Veterans & their Families. Call to schedule at the following locations: Littleton, Berlin, Conway 603-624-9230 x 301</p>	

American Legion Post Directory

<p>Guyer-Carignan P22 189 Mechanic Street Lebanon, NH 03766 603-448-3429</p>	<p>Weld-Webster Post 55 3 NH Rt 118 Canaan, NH 03741</p>	<p>Durand-Haley Post 66 South Main Street Plymouth, NH 03264 <i>dissolved</i></p>	<p>Fredonwarell Post 17 206 State Street Groveton, NH 03582 603-636-2408</p>
<p>Dupont-Holmes P82 6 Androscoggin Street Gorham, NH 03581 603-466-2433</p>	<p>Griggs-Wyatt Post 33 6 Plymouth Street Meredith, NH 03253 603-279-8503</p>	<p>Ryan-Scammon Post 36 112 Pleasant Street Berlin, NH 03570 603-752-6432</p>	<p>Strong-Nourse P68 2400 ST Johnsbury RD Littleton, NH 03561 603-444-4802</p>
<p>Ross-Wood Post 20 4 Ammonoosuc Street Woodsville, NH 03785 603-747-3378</p>	<p>Elwood O. Wells P 112 1044 Short Falls RD. Epsom, NH 03234 603-736-9707</p>	<p>George L O Neil Post 62 4 Pleasant Street Colebrook, NH 03576 603-237-8100</p>	<p>Lamott Kenneson P76 7 Mt. Moosilauke Hwy. Wentworth, NH 03282 603-786-9533</p>
<p>Ralph W. Shirley 47 Tasker Hill RD. Conway, NH 03818 603-447-3927</p>	<p>North Conway Post 95 116 Kearsarge RD. North Conway, NH</p>	<p>William H. Jutras P 43 56 Boutwell Street Manchester, NH</p>	<p>Crosby-Gilbert Post 101 14 Powers Lane Andover, NH 03216 603-735-5112</p>
<p>George Minot Cavis 34 Spring Street Bristol, NH 03222 603-744-3144</p>	<p>Bridge-Wilson Post 77 73 Main Street Walpole, NH 03608 603-756-4712</p>	<p>Wilkins-Smith Post 1 849 N. Main Street Laconia, NH 03247 603-524-9728</p>	<p>Henry E. Staniels P 97 1040 Main Street Grafton, NH 03240 Phone: N/A</p>
<p>Harriman-Hale Post 18 142 Center Street Wolfeboro, NH 03894 603-569-9817</p>	<p>Guyer-Carignan Post 22 189 Mechanic Street Lebanon, NH 03766</p>	<p>Penacook Post 31 11 Charles Street Penacook, NH 03303</p>	<p>Charles C. Kilborn P58 1 Mill Street 2nd FL Belmont, NH 03220</p>
<p>Roland E. Patnode, Jr. Post 7 94 Eastern Avenue Rochester, NH 03867</p>	<p>Loudon Post 88 29 S. Village RD. Loudon, NH 03307</p>	<p>Peterson-Cram Post 75 3 Loudon RD. Pittsfield, NH 03263</p>	<p>Clarence Perkins P60 526 Main Street Farmington, NH 03835</p>
<p>Bridge-Wilson Post 77 73 Main Street Walpole, NH 03608 603-756-4712</p>	<p>Richard A. Mitchell P 51 R. 125 & Elm Street Epping, NH 03042 603-679-8320</p>	<p>Lee Knapp Post 96 10 North RD. Danbury, NH 03230 Phone: NA</p>	<p>Dupuis-Cross Post 15 37 Main Street Ashland, NH 03217 Phone: NA</p>
<p>Henry J Sweeney Post 2 251 Maple Street Manchester, NH 03103 603-623-9145</p>	<p>New London Post 40 64 Village RD. Wilmot, NH 03287 Phone: NA</p>	<p>Oscar Morehouse P61 8 Steeple Street Milton, NH 03851 603-473-2347</p>	<p>Whiteman-Davidson P 49 4 Park Street Northfield, NH 03276 603-286-7786</p>
<p>Martel-Roberge P 47 551 Foundry Street Rollinsford, NH 03869</p>	<p>Claremont Post 29 119 Broad Street Claremont, NH 03743</p>	<p>Claude R. Batchelder 164 Wolfeboro Hwy. P72 Alton, NH 03809</p>	<p>Candia NH Post 91 121 Tower Hill RD. Candia, NH 03034</p>

Roswell D. Whitcomb Post 53 121 S. Fruit Street Concord, NH 03301 603-856-8951	Joseph Newton Smith 183 Main Street Lincoln, NH 03251 603-745-8377	Concord, NH Post 21 7 Perley Street Concord, NH 03301 603-225-0498	John J. Maguire Post 28 43 Church Street Suncook, NH 03275 603-485-5628
Everett J. Bourdon P73 246 Catamount RD. Northwood, NH 03261	Somersworth Post 69 9 Constitutional Way Somersworth, NH	Hoague-Batchelder Post 103 37 North RD. Deerfield, NH 03037	Young and Richardson Post 59 538 W. Main St. Hillsboro, NH 03244
Merrill-Follansbee P37 5 Riverside Street Hooksett, NH 03106	Griggs-Strickland P 85 1 Mack RD. Gilsum, NH 03448	Roger E Cardin Jr P 114 2 Concord RD. Lee, NH 03861	Myers-Prescott-Olson Post 50 7 West ST. Antrim, NH 03440
Raymond Post 90 32C Harriman Hill RD. Raymond, NH 03077 603-244-2288	Robert G. Durgin P67 151 Main Street Newmarket, NH 03857 603-659-3155	Ingerson-Smith P41 44 Littleton RD. Whitefield, NH 03598 603-837-3173	Manchester Post 79 35 W. Brook Street Manchester, NH 03101 603-623-9218
Brewster-Gould-Lee-Rollins Post 25 118 John Stark Hwy. Newport, NH 03773	Wilkins-Bigelow-Pearson P39 8 Kearsarge Street Ext. Warner, NH 03278	E. Roger Montgomery Post 81 169 Bound TR RD. Contoocook, NH 03229	

VFW Post Directory

Whitton-Pelton P4354 42 River St Alstead, NH 03602 Phone: N/A	Francis P. Murphy P5386 PO Box 380 Bartlett, NH 03812 603-374-2764	Richard K Harvell P8401 PO Box 10144 Bedford, NH 03110 603-624-6836	White Mountain P2520 1107 Main St Berlin, NH 03570 603-752-9754
Newfound Area Memorial Post 10640 30 Hillside Ave Bristol, NH 03222 603-744-8810	Charlestown Memorial P8497 PO Box 1337 Charlestown, NH 03603 603-826-5186	Oliver Lacasse Post 808 150 Charlestown Rd Claremont, NH 03743 603-542-9353	Contoocook Post 1490 IOOF Hall Park Ave Contoocook, NH 03229 603-746-4959
Concord Post 1631 6 Court Street Concord, NH 03301 603-228-8907	Mt. Washington P11557 PO Box 1111 Conway, NH 03818 603-323-7988	Derry Memorial P 1617 18 Railroad Ave Derry, NH 03038 603-432-3975	Dover Post 12060 PO Box 2215 Dover, NH 03821 Phone: N/A
Franklin Post 1698 PO Box 143 Franklin, NH 03235 603-934-9869	Little Monadnock P10289 PO Box 72 Fitzwilliam, NH 03447 603-585-9514	Ammonoosuc Valley Post 6808 8 Craggy RD. Groveton, NH 03582 603-636-1634	Hampstead Post 11254 PO Box 1 Hampstead, NH 03841 Phone: N/A
Hinsdale Memorial P4234 PO Box 99 Hinsdale, NH 03451 603-336 6210	Hollis Memorial P11373 PO Box 1012 Hollis, NH 03049 603-465-2301	Hudson Memorial P5791 PO Box 430 Hudson, NH 03051 603-882-2136	Jaffrey Memorial P5613 PO Box 483 Jaffrey, NH 03452 603-532-8887

Daley Whipple Post 799 PO Box 24 Keene, NH 03431 603-357-0149	Kingston Memorial P1088 93 Rt 125 Kingston, NH 03848 603-642-5510	John W. Weeks P3041 259 Main Lancaster, NH 03584 603-788-3312	Whitefield Post 10675 PO Box 193 Whitefield NH 03598
Howard H. Shawney Post 816 600 Cottage St, Littleton, NH 03561 603-444-5750			

Congressional Contacts

Senator Jeanne Shaheen:

506 Hart Senate Office Building
Washington DC 20510
Ph: 202-224-2841

2 Wall Street Suite 220
Manchester NH 03101
Ph: 603-647-7500

50 Opera House Square
Claremont NH 03743
Ph: 603-542-4872

340 Central Avenue Suite 205
Dover NH 03820
Ph: 603-750-3004

12 Gilbo Avenue Suite C
Keene NH 03431
Ph: 603-358-6604

961 Main Street
Berlin NH 03570
Ph: 603-752-6300

60 Main Street Suite 217
Nashua NH 03060
Ph: 603-883-0196

Rep Ann McLane Kuster:

2201 Rayburn HOB
Washington DC 20515
202-225-5206

18 N. Main Street 4th Floor
Concord NH 03301
603-226-1002

184 Main Street Suite 222
Nashua NH 03060
603-595-2006

33 Main Street Suite 202
Littleton NH 03561
603-444-7700

Senator Maggie Hassan:

324 Hart Senate Office Building
Washington DC 20510
202-224-3324

1589 Elm Street 3rd Floor
Manchester NH 03101
603-622-2204

14 Manchester Square Suite 140
Portsmouth NH 03801
603-433-4445

Berlin City Hall Lower Floor
168 Main Street
Berlin NH 03570
603-752-6190

James C. Cleveland Federal Building
55 Pleasant Street
Concord NH 03301
603-622-2204

Rep Chris Pappas:

452 Cannon HOB
Washington DC 20515
202-225-5456

660 Central Avenue Suite 101
Dover NH 03820
603-285-4300

889 Elm Street
Manchester NH 03101
603-935-6710

STATE OF VERMONT

Primary Contacts

<i>for healthcare</i> VA Homeless Outreach Worker: Coverage for Northeastern Vermont Carly Nichols 802-295-9363 Ext 6189	Call 2-1-1 Vermont for Information/Resource assistance. 8am to 8pm Mon-Fri. Outside Vermont 802-652-4636 vermont211.org
Northeast Kingdom Community Action— Newport, Vermont 802-334-7316 Orleans County http://www.nekca.org	Northeast Kingdom Community Action— St. Johnsbury, Vermont 802-748-6040 Essex and Caledonia Counties

Community Based Outreach Clinics (CBOC)

Once in the VA healthcare system Veterans are able to choose where they would like to be seen for primary care. They are able to receive their care at the hospital or any of the centers listed below.

Bennington CBOC (White River Junction, VT) 186 North Street Bennington, VT 05201 Ph: 802-440-3300 Fax: 802-442-3337 Hours: 8am - 4:30pm Mon-Fri	Brattleboro CBOC (White River Junction, VT) 71 GSP Drive Brattleboro, VT 05301 Ph: 802-251-2200 Fax: 802-251-2277 Hours: 8am – 4:30pm, Mon, Wed, Thurs, Fri 10:30am – 7:00pm, Tues
Rutland CBOC (White River Junction, VT) 232 West Street Rutland, VT 05701 Ph: 802-772-2300 Fax: 802-772-2377 Hours: Mon, Wed, Thurs 8 am - 4:30 pm Tues, 8am to 5:30pm, Fri 7:30am 4:30pm	VA Medical Center (White River Junction VT) 215 North Main Street White River Junction, VT 05009 Phone: 802-295-9363 Hours: 7 Days/Week 24 hours
Newport CBOC (White River Junction, VT) 1738 Crawford Farm Rd Newport VT 05855 Ph: 802-624-2400 Fax: 802-624-2477 Hours: Mon, Tues & Thurs 8 am to 4:30 pm, Wed & Fri 7 am to 3:30pm	Burlington Lakeside Clinic (White River Junction, VT) 128 Lakeside Ave. Suite 260 Burlington, VT 05401 Office: 802-657-7000 Fax: 802-657-7077 Hours: Mon, Tues, Thurs, Fri 8am to 4:30pm; Wed 8am to 7pm

Support Services for Veteran Families (SSVF)

There are different SSVF providers and Veterans are encouraged to select and work with one. Vermont SSVF providers include:

Veterans Inc. 802-451-9189 802-222-7429 or 802-449-7509	SSVF at the University of Vermont: 802-656-3232 844-820-3232 Toll Free
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Emergency Sheltering Programs

<p style="text-align: center;">Samaritan House 20 Kingman St. St. Albans, VT 05478 802-527-0847 Samaritanhouseinc.com</p>	<p style="text-align: center;">Good Samaritan Haven 105 N. Seminary St. Barre, VT 05641 802-479-2294 goodsamaritanhaven.org</p>	<p style="text-align: center;">Groundworks Shelter 81 Royal RD. Brattleboro, VT 05301 802-257-0066 5415 groundworksvt.org</p>
<p style="text-align: center;">COTS 189 Church St. Burlington, VT 05401 802-862-5418 864/7402 www.cotsonline.org</p>	<p style="text-align: center;">Upper Valley Haven 713 Hartford Ave. White River Junction, VT 05301 802-295-6500 uppervalleyhaven.org</p>	<p style="text-align: center;">John Graham Shelter 69 Main St. Vergennes, VT 05491 802-877-2677 www.johngrahamshelter.org</p>
<p style="text-align: center;">Safe Haven 4 Highland Ave Randolph, VT 05060 802-728-5233</p>	<p style="text-align: center;">Open Door Mission 31 Park St. Rutland, VT 05701 802-775-5661</p>	<p style="text-align: center;">ANew Place 89 North St. Burlington, VT 05401 802-862-9879 www.beshelter.org</p>
<p style="text-align: center;">St. Johnsbury Warming Shelter 802-748-6040 Open only during winter, please call for more information.</p>		

www.anewplacevt.org

Transitional Housing Programs

-Grant and Per Diem (GPD)- *7 HARBOR CARE*

Depending upon what your individual needs and on bed availability at particular locations, you may be eligible for one of the Grant and Per Diem (GPD) Programs. The GPD programs are transitional, supportive housing in which homeless Veterans may potentially stay for up to two years with the goal of working toward permanent housing during this period. GPD Programs involve a range of structured activities, such as group and house meeting attendance and participation, opportunities to meet with non-VA human service providers, and offerings for volunteer, social, and civic opportunities. Veterans are allowed 3 admissions to a GPD program in their lifetime. There are circumstances where this limit may be waived. The determination is made between the GPD program site staff, the VA liaison assigned to the GPD program site, and the national GPD program headquarters.

Veterans with an honorable or other than honorable discharge may be eligible for the GPD program. The Veteran's period of service must include a period of active military duty not for the purpose of training. Therefore, you may be eligible for VA homeless out-reach services while you are in the GPD program even when you may not be eligible for VA health care. Veterans are provided lodging at the GPD sites and case management. The VA pays for services and case management. Veterans may pay a residential fee.

As a general rule, in order to be admitted to any one of the GPD Programs, Veterans need to have a 30-day sobriety from illicit substances and alcohol; GPD Programs have a zero-tolerance policy for illicit substance and alcohol consumption and/or possession. Veterans are required to have had a physical and mental health evaluation 30-day prior to entering a GPD Program. You will be asked to complete Releases of Information and/or fill out applications for GPD Programs of interest. VA Homeless Outreach team members can assist with the completion of applications for GPD Programs.

Some individual GPD Programs encourage or require face-to-face interviews and/or tours of the facility prior to admission. VA Homeless Outreach team members are only able to accommodate one visit per Veteran to a GPD Program, if you are interested in visiting more than one prior to committing. You should consider coordinating transportation arrangements independently for additional visits.

Each site develops their own specific criteria for admission due to the different offerings provided at each program. Some sites have limited space available for families and/or couples on a case-by-case basis.

<p>Phoenix Houses of New England, Inc. RISE Program 11 Underhill Avenue Bellows Falls, Vermont 05101 Office: 802-463-9851 Fax: 802-463-9814 www.phoenixhouse.org/locations/Vermont</p>	<p>Veterans, Inc. 378 North Main Street Bradford, VT 05033 Office: 802-222-1543 Fax: 802-222-5100 www.Veteransinc.org</p>
<p>The Veterans Place, Inc. 220 Vine Street Northfield, VT 05663 Office: 802-485-8874 Fax: 802-485-9080 www.vermontVeteransplace.org</p>	<p>COTS Canal Street Housing for Veterans 120 W. Canal St., Suite 115 Winooski, VT 05404 Office: 802-655-1617 Fax: 802-654-9920 www.cotsonline.org</p>

Area Housing Authorities/Property Management Companies

<p>Alliance Property Management 3 Old Pump Road Jericho, VT 05465 802-899-3400 or 877-321-3400</p>	<p>Rural Edge P.O. Box 86 Lyndonville, VT 05851 802-535-3555 or 802-334-1541</p>	<p>Vermont State Housing Authority One Prospect Street Montpelier, Vermont 05602 802-828-3295</p>
<p>Memphremagog Rentals 273 Main Street, STE. 2 Newport, VT 05855 802-334-2262 or 866-334-2261 Fax 802-334-2454 www.memphremagogrentals.com</p>	<p>MT Holyoke Management VT Depot Square Apartments (St. Johnsbury, VT) 344 Main Street Holyoke, MA 01040 413-534-0955 or 802-748-4330</p>	

Other Transitional Housing: Homeless Veterans who want to be considered for admission to the Dodge House must be interested in gaining employment and be employable. Homeless Veterans who wish to be considered for admission to the Harbor Homes' single-room occupancy residence must be over the age of 62 or disabled.

<p>The Dodge House: 95 Crescent Street Rutland, VT 05701 802-775-6772 www.gmvevac.com/dodge-house.html</p>	
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Meals and Food Services

Free daily meals are available throughout the region. In addition to meals, there are several community food shelves. Listings of meals are available upon request. 2-1-1 NH are great resources to find local up-to-date information regarding meals and food services. Other sources to find out about food shelves and pantries by location include:

Vermont Food Bank 800-585-2265 www.vtfoodbank.org

Food Pantries

Caledonia County

Emergency Food Shelf 1476 Scott Highway Groton Town Office Groton, Vt. 05046 802-584-3276	Area Food Pantry 39 West Church St. St. John Baptist Church Hardwick, Vt. 05843 802-472-5940	Emergency Food Shelf 51 Elm Street St. Peter's Mission Lyndonville, Vt. 05851 802-626-5705	Helping Other People Every day—HOPE 101 Depot St Lyndonville, Vt. 05851 802-626-3228
Kingdom Community Services 36 Steeple Place St. Johnsbury, VT. 05819 802-751-8581	NEKCA 115 Lincoln Street St. Johnsbury, VT. 05819 802-748-6040		Food Pantry Route 122 Sheffield Town Hall Sheffield, VT. 05866 802-745-7491
Veggie Van Go provides free fresh produce and other foods the last Thursday of each month at NVRH hospital cafeteria at 1315 Hospital Drive, St. Johnsbury VT. Call Community Connections with questions: 802-748-7526			

Essex County

NEKCA Outreach Office 217 Gail Street Canaan, Vt. 05903 802-266-7134	First Congregational Church 21 Middle Street Island Pond, Vt. 05846 802-723-5037	NEKCA Outreach Office 49 Mill Street Extension Town Hall Basement Island Pond, Vt. 05846 802-723-6245	Food Shelf 9 West Main Street Town Clerk's Office Lunenburg, Vt. 05906 802-892-5959
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Orleans County

Food Shelf 1036 VT RTE. 242 Municipal Building Jay, Vt. 05859 802-988-2996	NEKCA 70 Main Street Newport, Vt. 05855 802-334-7316	Saint Mark's Episcopal Church 44 Second Street Newport, Vt. 05855 802-334-7365	Orleans Federated Church 58 School Street Orleans, Vt. 05860 802-754-6486
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Food Stamps, Fuel Assistance and Other State Support Programs

Economic Service Division - Agency of Human Services, State of Vermont 800-479-6151 The Economic Services

Division (ESD) helps Vermonters meet their basic needs through programs such as 3SquaresVT, Essential Person, Fuel Assistance, and Reach Up. These programs provide a safety net for individuals and families who may be experiencing unemployment, single parenthood, aging, disability, or other life-changing events.

Domestic Violence Programs

<p>Umbrella—Newport, Vermont Newport, Vt. 05855 802-748-8645 (HL) or 802-334-1398 https://www.umbrellanek.org</p>	<p>Umbrella—St. Johnsbury, Vermont St. Johnsbury, Vt. 05819 802-748-8645 (HL) or 802-748-1992</p>
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Vocational Rehabilitation

VocRehab offices are located in the Towns of Barre-Montpelier, Middlebury, Newport, St. Albans, Springfield, Bennington, Brattleboro, St. Johnsbury, Rutland, White River Junction, Burlington, and Morrisville. **VT VocRehab (Vermont) 1-866-VRWORKS.**

Department of Labor

The following Department of Labor Career Resource Centers will be able to assist you in connecting with a Veterans representative, who can assist you with your job search. Most are open Monday through Thursday 7:45am-4:30pm and Fridays 9:45am-4:30pm.

<p>197 Harrell Street Morrisville, VT 05661 802-888-4545</p>	<p>Emory E. Hebard State Office 100 Main St., Suite 210 Newport, VT 05855 802-334-6545</p>	<p>1197 Main Street, Suite 1 St. Johnsbury, VT 05810 802-748-3177</p>
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Veterans Service Organizations (VSO)

To apply for health care benefits through the VA or to request assistance from many Veteran Service Organizations, your DD-214 will be required. It is also possible that you may find your DD-214 at the State Office of Veterans' Affairs in which you were living upon Discharge from service.

Friends of Veterans (FOV) is a 100% volunteer-run, non-profit organization that assists Veterans with improving their self-sufficiency through classes, case management, and financial assistance for those who qualify. Veterans who are looking for assistance with back rent, a security deposit, or overdue utility bills will need to present their DD-214 and documentation regarding their financial circumstances such as eviction notice, outstanding balance on an invoice, and a completed expense and income form. Veterans should contact FOV for an intake meeting. (See contact information below.)

Veteran Service Organizations- Your local American Legion, Disabled American Veterans, Veterans of Foreign Wars, or other non-VA Veteran organizations may have financial and non-financial assistance available. Local posts should have a Service Officer who will gladly help with many of your questions and advise you where to go for other help. They may be your best first contact

American Legion: 802-296-5166	Disabled American Veterans: 802-296-5167
Veterans of Foreign Wars: 802-467-8509	Vietnam Veterans of America: 802-775-1745
Vermont State Office of VA Montpelier Vermont 802-828-3379	

American Legion Post Directory

American Legion P 10 320 N Main Street Barre, VT 05641 802-479-9058	Donald Mc Mahon P64 849 S. Main Street Stowe, VT 05672 Phone:NA	Bristol Post 19 56 Airport Drive Bristol, VT 05443 802-453-2951	Noble-Beckwith P 66 38 Woodland Drive Bethel, VT 05032
Sorrell-Maynard P63 48 Depot Square Northfield, VT 05663 802-485-6713	Mad River Post 75 317 Meadow Road Waitsfield, VT 05673	Chelsea, VT Post 61 Chelsea Fire House RT 110 Chelsea, VT	Randolph Post 9 19 S. Pleasant Street Randolph, VT 05060
Montpelier Post 3 21 Main Street Montpelier, VT 05602 802-229-9043	Hardwick Post 7 15 N. Main Street Hardwick, VT 05843	Morristown Post 33 26 Upper Main Street Morrisville, VT 05661	Earl Brock Post 78 6679 Route 5 S Newbury, VT 05051
Wallace-McNulty-Hoyle P 4 165 Greven RD Ext Proctorsville, VT 05153 802-226-7179	St. Johnsbury Post 58 12 Maple Street ST Johnsbury, VT 05819 802-748-9737	Fuller-Stearns Post 51 232 Chelsea Street South Royalton, VT 05068 802-291-2198	Williston Post 45 7900 Williston RD Williston, VT 05495 802-338-2659
Norwich University P1819 158 Harmon Drive Northfield, VT 05663 802-295-2002	Henry L. Danforth P 53 296 Breezy Hill RD St Johnsbury, VT 05819 Phone:NA	Middlebury Post 27 49 Wilson RD Middlebury, VT 05753 802-388-9311	Mt. Mansfield Post 35 3 S. Main Street Cambridge, VT 05444 802-730-5929
Lyndon Post 30 4854 Memorial Drive Lyndon, VT 05849 802-748-9862	Arlington Post 69 54 Legion RD Arlington, VT 05250 802-375-6157	Vergennes Post 14 100 Armory Lane Vergennes, VT 05491 802-877-3216	Northland Post 47 1 Kingsley RD Canaan, VT 05903 802-266-8160
Brandon Post 55 550 Franklin Street Brandon, VT 05733	Ora E. Paul Post 24 59 Central Street Woodstock, VT 05091	Colchester Post 91 3650 Roosevelt HWY Colchester, VT 05446	Milton Post 57 2 Legion RD Milton, VT 05468 802-899-1738

Bennington Post 13 225 Northside Drive Bennington, VT 05201 802-442-8028	Brattleboro Post 5 32 Linden Street Brattleboro, VT 05301 802-257-1872	Orleans Post 23 28 Water Street Orleans, VT 802-754-6540	Rutland Post 31 33 Washington Street Rutland, VT 05701 802-773-9777
Enosburg Post 42 108 Depot Street Enosburg Falls, VT 05450 802-933-4142	Green Mountain Post 1 100 Parah Drive St Albans, VT 05478 802-524-5561	Crippen-Fellows Route 4A Route 30 Bomoseen, VT 05732 802-468-8962	Sheldon Springs Post 88 622 Machia RD Sheldon, VT 05483 802-524-3623
Jeffery S. Holmes P 84 Veterans Affairs Bldg. 44 White River Jct, VT 05001 603-298-6571	Windsor Post 25 4 Court Street Windsor, VT 05089 802-674-9967	West Rutland Post 87 871 Pleasant Street West Rutland, VT 802- 438-5111	Brighton Post 80 60 Railroad Street Island Pond, VT 05846 802-723-6019
Newport Post 21 35 Veterans Avenue Newport, VT 05855 802-334-6181	Richford Post 12 35 River Street Richford, VT 05476 802-848-7704	Jay Peak Post 28 254 Dominion Avenue North Troy, VT 802-988-2861	Fair Haven Post 49 72 S. Main Street Fair Haven, VT 05743 802-265-7983
Ralph H. Pickett Post 52 294 S. Main US 7 S Wallingford, VT 05773 802- 446-3366	Ballard-Hobart Post 36 135 Main Street Ludlow, VT 05149 802-228-9807	J. Claire Carmody P39 689 Granville Street Poultney, VT 05764 802-287-5229	Creller-Landon Post 60 35 N. Main Street Alburgh, VT 05440 802-796-3574
Pierce-Lawton Post 37 42 Rockingham Street Bellows Falls, VT 05101	Hartland Post 48 10 Legion Drive Hartland, VT 05048	Lyman F. Pell Post 8 228 Beaver Meadow Rd Norwich, VT 05055	West River Valley P16 284 Hill RD. Brookline, VT 05345
Barton Veterans Memorial Post 76 RM MRL Bldg. 17 Village Square Barton, VT 05822	Nelson E. Pickwell, P15 256 Fuller Hill RD. Wilmington, VT 05342		Harry N. Cutting P 59 16 Stowe Street Waterbury, VT 05676

VFW Post Directory

Bennington City P1332 137 North Street Bennington, VT 05201 802-447-1969	Carl M. Dessaint P1034 P.O. Box 8233 Brattleboro, VT 05304 802-257-0438	Howard Plant Post 782 176 So. Winooski Ave. Burlington, VT 05401 802-864-6532	Castleton Bicentennial Post 8284 RT 4A Castleton, VT 05732
Coburn Eastmann Chelsea Post 8451 PO Box 35 Chelsea, VT 05038 802-685-4307	Mac Kenzie-Webster Post 790 527 US-302 East Barre, VT 05649 802-479-9073	Essex Junction Post 6689 73 Pearl Street Essex Junction, VT 05452 802-878-0700	Grand Isle Post 10854 St. Joseph's Church Grand Isle, VT 05458
Howard B. Perry P 765 Rte. 125 Hancock, VT 05748	Hyde Park Post 7779 P.O. Box 237 Hyde Park, VT 05655 802-888-7779	Random Island Pond 2309 PO Box 399 Island Pond, VT 05846 802-723-9862	Lyndonville Post 10038 156 Hill St. Lyndonville, VT 05851 802-626-8632

Harned Fowler P6471 PO Box 181 Manchester Center, VT 05255 802-362-9840	Addison County P7823 530 Exchange Street Middlebury, VT 05753 802-388-1011	Brown-Johnson Post 792 1 Pioneer St., Montpelier, VT 05620 802-229-9028	Lamoille County Post 9653 PO Box 491, 28 VFW St. Morrisville, VT 05661 802-888-5535
Alfred Pepin Post 798 PO Box 312, Newport, VT 05855 802-334-2627	Green Mountain P9449 7 School St, Randolph, VT 05060 802-728-5391	Rutland County Post 648 15 Wales St Rutland, VT 05701 802-775-0722	Robert E. Glidden Saint Post 758 353 Lake St. St. Albans, VT 05478 802-527-0956
Ralph J. Mollica P793 204 Eastern Avenue St. Johnsbury, VT 05819 802-748-6008	Robert L. Johnson P 771 P.O. Box 568 Springfield, VT 05156 802-885-6008	Charles P. Daprato P 778 8 Merchants Row Swanton, VT 05488 802-868-3687	White River Jet Post 2571 P.O. Box 282 White River Jct., VT 05001 802-295-9745
John Ryan Post 1767 6 Maple Street Winooski, VT 05404 802-655-9832			

Legal Assistance Resources

Vermont Legal Aid 800-889-2047 <i>located in Springfield, Montpelier, Burlington, St. Johnsbury, and Rutland.</i> www.vtlegalaid.org	Legal Services Law Line of Vermont 274 North Winooski Avenue Burlington, VT 05402 802-863-7153 www.lawlinevt.org
South Royalton Legal Clinic (Vermont) 802-831-1500	VT Disabilities Law 800-834-7890
VT Prisoner's Rights 802-828-3194	
The Community Restorative Justice Center, Inc. 576 Railroad St. Suite 2 St. Johnsbury, VT 05819 802-748-2977 Offers a monthly free Legal Clinic among other services http://communityrjc.org/	The Community Restorative Justice Center, Inc. t 79 Coventry Street, Suite 4A & 4B Newport, VT 05855 802-487-9327 Offers a monthly free legal Clinic among other servicesinfo@kingdomjustice.org <i>Orleans County</i>

Veteran Justice Outreach Program (VJO)

The purpose of the Veterans Justice Outreach (VJO) Program is to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible justice-involved Veterans have timely access to VHA services as clinically indicated. Veterans Justice Outreach Specialists are responsible for direct outreach, assessment, and case management for justice-involved Veterans in local courts and jails, and liaison with local justice system partners. Mike Owens and Jim Bastien provide VJO services for the White River Junction VA. Mike Owens can be reached at 802-295-9363 x5681 and Jim Bastien can be reached at 802-295-9363 x6543.

Please note that VA cannot provide legal services. If you need legal assistance, please contact your local VJO

Specialist who may know of community resources for legal assistance.

www.statesidelegal.org/findinghelp.com

Veteran Outreach Program (VVO): Conducts ongoing outreach to primarily all combat Veterans and their families. Assists with identifying potential needs and facilitates access to all available resources. VVO partners with the Family Assistance Centers and other local, state and federal agencies, ensuring the concerns of Veterans and their families are responded to in a prompt and confidential manner. Orleans/Essex County: 802-399-6250. Caledonia County: 802-734-2282.

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA provides education, information, guidance and advocacy pertaining to Federal and State benefits, entitlements and local resources. Individual Transition Plans can be developed to encompass Health and Life Ins., Veterans Benefits, Education/Training, Financial Assistance, Disabled Veteran Benefits, Employment Assistance, Career Change and Relocation. 802-338-3354

Area Agency on Aging: Vermont Senior Helpline at 800-642-5119. The Area Agency on Aging for Northeastern Vermont is a private, community-based, non-profit organization working to support older adults (age 60+) and their family caregivers to live healthy, active, independent and productive lives. They serve residents in the counties of Caledonia, Orleans and Essex. www.nevaaa.org

Vermont Center for Independent Living: 800-639-1522 (Voice/TTY) Information, Referral & Assistance services provided to people with disabilities, the deaf, their family members, organizations, and agencies. VCIL's Information, Referral & Assistance Specialists help you find the assistance you need to achieve your independence. www.vcil.org

Congressional Contacts

Senator Bernie Sanders:

United States Senate
332 Dirksen Senate Office Building
Washington DC 20510
Ph: 202-224-5141
Fax: 202-228-0776

1 Church Street 3rd Floor
Burlington VT 05401
Ph: 800-339-9834
Ph: 802-862-0697

481 Summer Street Suite 107
PO Box 4084
St. Johnsbury VT 05819
Ph: 802-748-0191

Senator Peter Welch:

United States Senate
G-12 Dirksen Senate Office Building
Washington DC 20510
Ph: 202-224-4242
Fax: 202-224-3479

199 Main Street 4th Floor
Burlington VT 05401-8309
Ph: 802-863-2525

87 State Street- Room 338
Montpelier VT 05602
Ph: 802-229-0569

Rep. Becca Balint

1408 Longworth House Office Building
Washington DC 20515
Ph: 202-225-4115
Fax : 771-200-5791

159 Bank Street
Suite 204
Burlington VT 05401
Ph: 802-652-2450
Fax: 771-200-5791

STATE OF MAINE

Primary Contacts

VA Homeless Services: Togus VA Medical Center Augusta, ME 207-623-8411 x 5658.	Call 2-1-1 Maine: For personal assistance 24 hours a day. Outside of Maine call: 866-811-5695, www.211Maine.org
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or Hotline 1-877-424-3838

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA offers Individual Transition Plans which includes education, training, information, guidance, advocacy, Health, Life Ins., Veterans Benefits, Career Change, Relocation, Financial and Employment Assistance, for Federal or State benefits. Includes entitlements and local resources, 207-430-5778.

Domestic Violence

State-Wide Domestic Violence Helpline: 866-834-4357
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Department of Labor

Call: 207-623-7900

Shouldn't be in Maine section?

Transportation Resources Disabled American Veterans Volunteer Drivers Program (DAV)

DAV provides FREE transportation for Veterans to and from the White River Junction VA Medical Center. Veterans should provide a Minimum of 48 hours' notice for pick-up, Walk-In and scheduled medical appointments between 9am and 2pm at the latest. The DAV Program office is located in Building 1, Ground Floor Blue Tile Area and can be contacted by calling 802-295-9363 x 5394 or Toll Free 866-687-8387 x 5394. The DAV program offers service to some areas in the NEK and the North Country but not all. There are DAV volunteer drivers who provide transportation to and from locations within the NEK and North Country. To see if the DAV Van Program can assist you with transportation it is best to contact one of the local van coordinators directly or call the main office in White River.

*or add: Togus VA Medical Center
Augusta, ME 877-421-8263*

Haverhill NH -David Pruitt 603-989-5946 (Tues through Fri)	Newport Vermont- Marlene Goodrich 802-754-8729 (Tue & Fri)
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*veteran Transportation Service Wayne Morey wayne.morey@va.
207-623-8411 x 2261 JAV*

North Country Transportation Berlin, NH 03570 Ph: 603-752-6714 Toll Free: 888-997-2020	Rural Community Transportation, Inc. (RCTI) St. Johnsbury VT 05819 Phone: 802-748-8170 (Service to Caledonia, Orleans and Essex)
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Offers a fixed route service in the Berlin-Gorham, Colebrook-Groveton, Littleton-Lancaster, Northern Carroll County areas and door-to-door, senior and disabled citizen's transportation throughout The Great North Woods of Coos Country. Tri County Cap Transportation has Long Distance Medical program, call for more information.

Veterans Transportation Services (VTS)

Transportation for Veterans requiring special assistance due to mobility restrictions and operates wheelchair accessible vans. VTS operates three vans taking veterans to and from appointments including Boston area VA Medical Centers with Vans leaving at 8am, Noon and 2pm. 800-941-8387 x 4381

Supportive Services for Veteran Families (SSVF)

Supportive Services for Veteran Families (SSVF) assists homeless and at-risk Veteran families. Through the SSVF Program, VA aims to improve very low-income Veteran families' housing stability. Grantees (private non-profit organizations and consumer cooperatives) will provide eligible Veteran families with outreach, case management, and assistance in obtaining VA and other benefits, which may include:

Health care services	Legal services	Daily living services	Child care services
Fiduciary and payee services	Transportation services	Personal financial planning services	Housing counseling services

In addition, grantees may also provide time-limited payments to third parties (e.g., landlords, utility companies, moving companies, and licensed child care providers) if these payments help Veterans' families stay in or acquire permanent housing on a sustainable basis.

Veterans Inc. 207-784-0182

Maine State Housing Authority 353 Water Street-Augusta, ME 04330 207-624-5777 or 866-357-4853

Maine Department of Health & Human Services 221 State Street-Augusta, ME. 04333 207-287-3707

Maine DAV Augusta, ME Phone: 207-551-4475

VA Supported Housing Program (VASH)

Homeless Veterans may qualify for the VASH program. VASH provides Veterans with long-term, ongoing case management in the community and a Section 8 Housing Choice voucher. Veterans must demonstrate a willingness to engage in goal-oriented activities, meet routinely with a case manager, comply with lease and occupancy agreements, and live within an hour of either the VA Medical Center or a Community-Based Outreach Clinic (CBOC). Notify a VA Homeless Outreach Worker if you are interested in learning more about the eligibility criteria, policies, and procedures associated with being a VASH enrollee and wish to be considered for VASH by the White River Junction VA homeless team.

Congressional Contacts

Senator Susan Collins:

413 Dirksen SOB
Washington DC 20510
202-224-2523

One Canal Plaza Suite 802
Portland ME 04101
207-618-5560

35 Lisbon Street
Lewiston ME 04240
207-784-6969

25 Sweden Street Suite A
Caribou ME 04736
207-493-7873

68 Sewell Street Room 507
Augusta ME 04330
207-622-8414

Senator Angus King:

133 Hart Building
Washington DC 20510
202-224-5344

40 Western Avenue Room 412
Augusta ME 04330
207-622-8292

202 Harlow Street Suite 20350
Bangor ME 04401
207-945-8000

227 Main Street
Biddeford ME 04005
207-352-5216

1 Pleasant Street Suite 4W
Portland ME 04101
207-245-1565

167 Academy Street Suite A
Presque Isle ME 04769
207-764-5124

Rep Jared Golden:

1710 Longworth HOB
Washington DC 20515
202-225-6306

179 Lisbon Street
Lewiston ME 04240
207-241-6767

6 State Street Suite 101
Bangor ME 04401
207-249-7400

7 Hatch Drive Suite 230
Caribou ME 04736
207-492-6009

Rep Chellie Pingree:

2354 Rayburn Senate HOB
Washington DC 20515
202-225-6116

2 Portland Fish Pier Suite 304
Portland ME 04101
207-774-5019

1 Silver Street
Waterville ME 04901
207-873-5713

System Wide General Information

Employment and Training

The Homeless Veterans' Reintegration Program (HVRP): HVRP is the only federal program wholly dedicated to providing employment assistance to homeless veterans. DOL-VETS acknowledged that employment is the key to successful transition from homelessness to a life of self-reliance, dignity and promise. The program fosters interagency and community cooperation among homeless service providers; offers supportive services and vocational training; and as provides critical linkages for a variety of supportive services that include the entire continuum of care in their local communities. Veterans Inc.'s Employment and Training Specialists utilize a case management approach using client intake assessments and progress reports to identify individual needs and to develop practical individual performance plans. The program is "employment focused" and veterans receive the employment and training services they need in order to maximize potential for successful, long-term employment and permanent self-sufficiency. For more information call Ms. Katie Haley at Veterans Inc. 802-451-9189

Job placement	Job development	Resume preparation
Training	Career counseling	Interviewing skills

CWT/TWE (Compensated Work Therapy-Transitional Work Experience) was established to assist veterans with disabilities, or other barriers, to maintain competitive employment by providing work experiences that foster solid work ethics as well as independence. This therapeutic program is an independent Veteran benefit and does not affect any other VA benefit that the veteran may be receiving. Being a therapeutic program, a consult referral is required from the Patient's Primary Care Provider.

What is CWT? A work for pay program provided by Department of Veterans Affairs, Veteran Industries. A program that serves the interests of unemployed veterans as well as businesses seeking competitively priced labor. An extension of vocational rehabilitation services mandated by Title 38 USC Sec.1718. An opportunity for veterans to develop marketable skills and work habits. An opportunity for companies to achieve a reduction in costs and pre-select a stable work force. For more information contact is Sue Gattie at 802-295-9363 ex. 6725.

VA Homeless Vocational Development Specialist: Karen Townley, T: 802-295-9363 x 4653

White River Junction VAMC. Helping Veterans with job placement and resume preparation.

The Vocational Rehabilitation and Employment (VR&E) Vet Success Program assists Veterans with serviceconnected disabilities to prepare for, find, and keep suitable jobs that will not aggravate or exacerbate service connected conditions. Services that may be provided include: Comprehensive rehabilitation evaluation to determine abilities, skills, and interests for employment; employment services which include assistance finding and keeping a job. If you are interested in applying for Chapter 31/VR and E services, please apply online. To learn more about this VR and E/Chapter 31 program go to www.vetsuccess.gov.

Foreclosure Prevention & Financial Counseling Resources

VA Loan Guarantee Service: In order to help veterans in serious financial trouble, VA Regional Loan Centers have technicians available to conduct financial counseling. **This counseling is designed to help avoid foreclosure.** If you want this assistance, call 800-729-5772 to reach a Loan Service Representative that can assist you.

General Guidance The US Department of Veterans Affairs urges all Veterans who are encountering problems making their mortgage payments to speak with their loan servicers as soon as possible to explore options to avoid foreclosure. Contrary to popular opinion, servicers really do *not* want to foreclose because foreclosure costs a lot of money. Depending on a Veteran's specific situation, servicers may offer any of the following options to avoid foreclosure:

Repayment Plan – The borrower makes regular installment each month plus part of the missed installments.

1. Special Forbearance – The servicer agrees not to initiate foreclosure to allow time for borrowers to repay the missed installments. An example would be when a borrower is waiting for a tax refund.
2. Loan Modification - Provides the borrower a fresh start by adding the delinquency to the loan balance and establishing a new payment schedule.
3. Additional time to arrange a private sale – The servicer agrees to delay foreclosure to allow a sale to close if the loan will be paid off.
4. Short Sale – When the servicer agrees to allow a borrower to sell his/her home for a lesser amount than what is currently required to pay off the loan.
5. Deed-in-Lieu of Foreclosure - The borrower voluntarily agrees to deed the property to the servicer instead of going through a lengthy foreclosure process.

Access: <http://benefits.va.gov/homeloans/> for additional information on VA loans and to watch videos of Veterans who have completed the workout options listed above.

GreenPath Financial Wellness is a national nonprofit financial counseling service. This service includes Foreclosure Prevention. If you are behind on your mortgage or having trouble making your payment call 800-550-1961 or 888-594-2387 to reach a housing expert who will review your situation and explain the options for keeping your home, or getting out of a house you can't afford. GreenPath's certified housing counselors are available to help. Foreclosure prevention services are free.

AHEAD (New Hampshire) 603-444-1377 Post-Purchase & Foreclosure Counseling. They can work with you and your lender if you get behind in your mortgage payments or if you are just simply struggling to keep up.

RuralEdge (Northern VT) 802-535-3555 Their Financial Empowerment counseling sessions are packed with information on saving, debt reduction, spending plans, and investments. Their financial counseling provides participants with the tools to make informed financial decisions with confidence. **Hope Hotline:** 888-995-4673 Assistance to home owners. www.hopenow.com

www.hud.gov/offices/hsg/sfh/hcc/fc/ HUD approved housing counseling agencies.

Martins Point US Family Health Care (Tricare Resource)

Serves all Tricare military health care beneficiaries, managing the US Family Health (Tricare Prime) Plan for ME, NH, VT, & NY. Also available for group and/or one on one counseling providing education, information & guidance on Tricare options available to ensure a better understanding of the military health care benefit.

John Reed MSgt, USAF (Ret.) Health Benefits Specialist for ME & NH 603-430-5057	Candice Bryan-Broe Health Benefits Specialist for VT 866-740-2623
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Contact John Reed direct at 603-430-5057 if you have any questions about: TRICARE Prime benefits, the US Family Health Plan, turning 65/TRICARE for Life, dental/vision coverage through Benefeds, eligibility for college-aged dependents, out-of-area coverage, TAMP benefits, etc.

National Guard & Other Deployment Supports

Veterans and their Family Assistance Centers (FAC) and Military Family Community Network (MFCN)

Service Member and Family Services 24 Hour Emergency Assistance: 877-598-0666.

NHNG Family Program Family Assistance Center Specialist 350 Meadow Street, Littleton NH 03561 Office 877-598-0666

If you are recently returning from military service, Family Assistance Centers and the Military Family and Community Network are information and referral "one stop shopping" organizations that can assist families in becoming connected to resources and services of assistance.

Care Coordination Program – NH: Recognizing the significant mental health, physical, financial and educational needs of returning Service Members from the Global War on Terror, as a partnership with the NH National Guard, ProForce, and community resources to ensure a safety net for the population and encouraged continued service in the military. Whether our Soldiers, Airmen, Marines, Sailors or Coast Guard personnel live, work or drill in the Granite State, they and their families may receive services within the program. Care Coordinators look at each client individually and come up with the appropriate care plan that meets their specific needs and overall success. 888-989-9924 or <http://www.ccpnh.com>.

Pro Force Care Coordination Program: Helps to enhance the retention, readiness and reintegration of service members and their families. 888-989-9924 <http://www.ccpnh.com>

Survivor Outreach Services

Survivor Outreach Services for Families, contracted by the National Guard to work with military family member survivors. Their Mission is to embrace and reassure Military Survivors that they have a continuum of care from the Military. They work with all branches of service from all conflicts, regardless of the manner of death. They connect individuals and direct family members to additional Survivor resources as needed. Benefits and entitlements may vary with the cause of death, military status at time of death and relationship to the service member, but the eligibility for help doesn't change. There is no time restriction on assistance.

<p align="center">Elizabeth Santos</p> <p align="center">Survivor Outreach Services Support Coordinator 1 Minuteman Way Concord NH 03301 (O) 603-227-5130 (C) 603-219-8159 Elizabeth.g.santos.ctr@mail.mil</p>	<p align="center">Tammie L Conner</p> <p align="center">Survivor Outreach Services Support Coordinator 789 National Guard Road, Bldg. 1014 Colchester, VT 05446 (O) 802-338-3398 (C) 802-881-6632 tammie.l.conner.ctr@mail.mil</p>
<p align="center">Dottie Pinkham</p> <p align="center">Survivor Outreach Services Support Coordinator 300 Hildreth Street North Bangor, ME 04401 (O) 207-430-5324 (C) 207-512-6285 Dorothy.m.pinkham.ctr@mail.mil</p>	<p align="center">Michelle L. Ouellette</p> <p align="center">Survivor Outreach Services Support Coordinator 194 Winthrop Street, Bldg. 7 Camp Keyes Augusta, ME 04333 (O) 207-430-5959 (C) 207-332-6804 <u>Michelle.L.Ouellette2.ctr@mail.mil</u></p>

Veteran Counseling and Support Groups

Crisis Prevention Hotline: We want you to have the support you need when you need it. The National Veteran Crisis Prevention Hotline is available 24 hours a day. The number is 800-273-TALK or 800-273-8255.

Primary Mental Health Clinic (PMHC): To get started receiving mental health services at the VA Medical Center in White River Junction, come to the Primary Mental Health Clinic (PMHC) located in Building 39 nearby the Primary Care Green Mountain Firm. The PMHC is open on a walk-in basis between the hours of 8:00 am and 4:00 pm Monday through Friday. Therapists and psychiatric prescribers both staff the PMHC. You can expect to meet with both clinicians during an initial assessment. You may be offered options for care, education about services available, or referrals to VA mental health clinicians, at this time.

Vet Centers are community-based counseling centers that provide a wide range of social and psychological services, including professional readjustment counseling to eligible Veterans, active duty service members, including National Guard and Reserve components, and their families. Readjustment counseling is offered to make a successful transition from military to civilian life or after a traumatic event experienced in the military. Individual, group, marriage and family counseling is offered in addition to referral and connection to other VA or community benefits and services. Vet Center counselors and staff, many of whom are Veterans themselves, are experienced and prepared to discuss the tragedies of war, loss, grief and transition after trauma. Please note that most Vet Centers also have Community Access Points (CAPS), outstations, and non-traditional hours. There are also Mobile Vet Centers (MVCs). These tools aid in the accessibility of our services. You can contact your nearest Vet Center for more information regarding eligibility and services. Other ways of connecting with the Vet Center include the Vet Center Call Center 877-WAR-VETS and www.vetcenter.va.gov.

VA Health Care Eligibility and Enrollment for Veterans

Eligibility for VA health care is dependent upon a number of variables, which may influence the final determination of the services for which you qualify. These factors include the nature of a veteran's discharge from military service (e.g., honorable, other than honorable, dishonorable), length of service, VA adjudicated disabilities (commonly referred to as service-connected disabilities), income level, and available VA resources among others. Reservists and National Guardsmen must have served active duty by a federal activation, and for reasons other than for training purposes. **The character of discharge you received from the military can be a factor. It is not an issue if you received:**

An honorable discharge	A general discharge, or	A discharge under honorable conditions
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If you have a different character of discharge, you may still be eligible for care. Contact your Enrollment Coordinator at your local VA health care facility to see if you qualify. The length of your service may also matter. It depends on when you served. There's no length of service requirement for:

Former enlisted persons who started active duty before September 8, 1980, or	Former officers who first entered active duty before October 17, 1981
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All other veterans must have 24 months of continuous active duty military service for reasons other than for training, or meet one of the exceptions described below.

You do not have to meet the 24 continuous months of active duty service requirement if you:

Were a reservist who was called to Active Duty by federal executive order, and who completed the term for which you were called, and who was granted an other than dishonorable discharge, or	Were a National Guard member who was called to Active Duty by federal executive order, completed the term for which you were called, and who was granted an other than dishonorable discharge, or
only requesting a benefit in connection to: a service-connected condition or disability; treatment and/or counseling of sexual trauma that occurred while on active duty; or treatment of conditions related to ionizing radiation; head or neck cancer related to nose or throat radium treatment while in the military.	Were discharged for a reason other than disability, but you had a medical condition at the time that was disabling, and in the opinion of a doctor, would have justified a discharge for disability (in this last case, the disability must be documented in service records).
Were discharged or released from active duty for a hardship*, or discharged with an "early out" *	Have been determined by VA to have compensable service-connected conditions; or Were discharged or released from active duty for a disability that began in the service or got worse because of the service*
* must be documented on DD214	

Veteran's Health Administration Enrollment

To apply for health care benefits through the VA or to request assistance from many Veteran Service Organizations, your DD-214 will be required. It is also possible that you may find your DD-214 at the State Office of Veterans' Affairs in which you were living upon Discharge from service.

All Veterans are encouraged to enroll in the VA Health Care System. To begin the process, please complete an:

Application for Health Care Benefits. You can submit the form online, or you may print the form and mail it to Eligibility: VA Medical Center Business Office – Eligibility VA Medical Center 215 North Main Street White River Junction, VT 05009. You can also bring the form to the Medical Center or any of the White River Junction VA outreach clinics. The Eligibility Office in White River Junction is located on the ground floor of the Ambulatory Care building. Whether mailing or bringing your application, please include the following items —a copy of both sides of your current Insurance card (including Medicare or Medicaid); a copy of your DD-214, 'Armed Forces Report of Transfer or Discharge' (Purple Heart recipients only); and a copy of your award Letter, if 'Purple Heart' is *not* noted on your DD-214. To speak to someone in our eligibility office, please call 802-295-9363 ext. 5118/6281

VA Medical Center-Eligibility Office-Bldg. 39 215 N. Main St. White River Junction, VT 05009
802-295-9363

Veteran Resource Websites

www.aarp.org/family - eldercare locator, senior resources.	www.agis.com - eldercare resource, navigates Medicare and Medicaid basic.
www.archives.gov – The National Archives, veteran’s documentation.	www.dedicatedpatriots.com - Liberty House shelter, Manchester NH.
www.iod.unh.edu - assists the disable in NH.	www.defendamerica.mil – news about frontline troops.
www.dmdc.osd.mil/rsl/owa/home -search engine for locating US military bases.	www.dhhs.state.nh.us/DHHS/BEAS - support programs for NH residents.
www.nhredcross.org - offering aid to military families	www.gsil.org – assisting adults with disabilities.
www.goodnewsgarage.org - donated and refurbished vehicles for low income clients.	http://www.hud.gov/local/nh/homeless - assist with security deposit loans, emergency assistance and transitional housing.
www.dav.org –national volunteer transportation network	www.military.com - service member specific, military history and customs.
www.milspouse.org -employment, education, relocation for military spouses.	www.militaryonesource.com –information and referral service. Free select counseling sessions.
www.nheasterseals.com – Veterans Count program. Support for military families.	http://nhes.state.nh.us –provides a broad range of assistance and self-directed employment and career related services.
www.eldercarelink.com - nationwide network of select eldercare providers.	www.nh.gov/veterans – New Hampshire State Veterans Home, Tilton NH.
www.suicidepreventionlifeline.org –services provided by mental health professionals.	www.usacares.org – A national site covering the needs of military families.
www.manchester.va.gov – Veterans Admin Medical Clinic, Manchester, NH.	www.whiteriver.va.gov – Veterans Administration Medical Facility, Vermont.
www.nationalresourcedirectory.gov -resource for everything military.	www.wvachapter41.org -A website dedicated to women veterans.
www.nhlegion.org - NH American Legion website.	www.nh.ngb.army.mil – NH National Guard website.
www.socialsecurity.gov -Social Security Administration.	www.vfw.org - A national site dedicated to Veterans of Foreign Wars.
www.va.gov – Federal Government military website.	www.vnavnh.org -Visiting Nurse Association of NH & VT.
www.nami.org – National Alliance on Mental Illness.	www.vetcenter.va.gov –Vet Center resources.
www.nhcarepath.org –Information for services and supports for veteran who have served or currently serving and their families.	www.servicelink.nh.gov/links/military -Links for Military-Veteran Population and Their Families

<p>Vermontjoblink.com In Vermont whether you're looking for that perfect job, that perfect employee or information on an industry or workforce, Vermont JobLink is for you.</p>	<p>Find your job in the Federal government at: USAjobs.gov</p>
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References

www.va.gov	www.vermont211.org	www.211nh.org	www.servicelink.nh.gov
www.gsil.org	www.vcil.org	www.nevaaa.org	www.humanservices.vermont.gov

Veteran's Resource Guide is revised once a year. If you have any revisions or edits (to the Guide), comments or questions, please contact:

PS Don Monahan

Cell 603-266-9868 or donald.monahan@va.gov

Website: https://nhnorthcountryvete.wixsite.com/website#adj_page1001_1_116

Facebook: <https://www.facebook.com/northcountryveterans>

VA Homeless Outreach Social Worker: Carly Nichols HCHV SWK

Coverage for Northeastern Vermont & Northern New Hampshire

Ph: 802-295-9363 Ext: 6189

Carly.nichols@va.gov

Vet Center: Amy Swansiger, LCSW, Director

Main Office: 603-752-2571

